## **Resources and Links**

CDC - Heads up program

Search "heads up"; toolkits are available for a variety of individuals <a href="http://www.cdc.gov/concussion/sports/resources.html#3">http://www.cdc.gov/concussion/sports/resources.html#3</a>

REAP Program by Karen McAvoy, PsyD

http://www.sportsconcussions.org/REAP.html

Rocky Mountain Youth Sports Medicine Institute: Center for Concussion

<u>Concussion management manual</u> You must create an account with Issuu to download, but it is definitely worth your time.

Connecticut Concussion Task Force has some very specific information for parents & guardians, school staff, student athletes, kids & teens, healthcare providers, and coaches & athletic staffs as you begin to think about 'Return-to-Learn' protocols.

http://www.connecticutconcussiontaskforce.org/

Faure, C. Creating Concussion Management Policy: How School Leaders, Coaches and Parents Can Work Together to Ensure Kids Stay Safer in Sport. *Am Sec Ed.* 2010:39(1); 5-14.

Sprague-McRae JM, Rosenblum RK. Chronic Neurological Conditions in the Classroom: A School Nurse Curriculum for Sustaining a Healthy Learner. *Pediatr Nurs*. 2013:39(6);276-282.

Traumatic Brain Injury Networking Team Resource Network <u>www.COKidswithbraininjury.com</u>. This website provides guidance to school psychologists and related service providers through assessments and interventions for students with a traumatic brain injury.

Webinar: November 2011: The Role of a "Return to Academics Plan" presented by Dr Mark Halstead, MD Director of the Sports Concussion Clinic at Washington University Sports Medicine in St. Louis, MO <a href="http://www.braintrauma.org/november-2011-webinar/">http://www.braintrauma.org/november-2011-webinar/</a>

Brain Injury Alliance Iowa - www.biaia.org

Iowa High School Girls Athletic Union - <a href="http://www.ighsau.org/">http://www.ighsau.org/</a>
Concussion Information on the home page

Iowa High School Athletic Association – Sports Medicine and Wellness Link http://www.iahsaa.org/Sports Medicine Wellness/Concussions/concussions.html

Iowa code related to concussions -

http://www.iahsaa.org/Sports Medicine Wellness/Concussions/Iowa Code 280 13C.pdf

Iowa Athletic Trainers' Society – <a href="www.iowaats.com">www.iowaats.com</a> <a href="http://www.iowaats.com/en/resources/concussion\_links/">http://www.iowaats.com/en/resources/concussion\_links/</a>